

To expedite processing, please fill out all areas. Incomplete forms will be returned.

I am referring _____
for medically necessary outpatient diabetes self-management training.

Phone (H) _____ (W) _____

(C) _____

Insurance/Health Plan _____

Address _____

Insurance ID # _____

City/State _____ Zip _____

Auth. # _____

SSN _____

Health Plan Customer Svc. Phone No: _____

Date of Birth _____

Or FAX copy of both sides of insurance card with numbers clearly visible

Check here if patient understands NO English

Primary Care Physician _____

**The following information is required for reimbursement by insurance companies:
Physician diagnosis & ICD-9 code, medical conditions, and the plan of care. Thank you for filling out all areas.**

Physician's Diagnosis ICD-9 Code: _____

Medical Conditions

- Gestational Diabetes
- Type 1 Pre-Gestational Diabetes
- Type 2 Pre-Gestational Diabetes

- Newly diagnosed
- New to insulin
- Other

Plan of Care

"Pregnancy & Diabetes" Self-Management Training curriculum includes the following:

- Diabetes & pregnancy disease process
- Nutrition management
- Insulin administration, if applicable.
- Blood glucose monitoring
- Recognizing & treating hypoglycemia
- Goal-setting & problem-solving

Insulin Type:
(Check as Prescribed)

Insulin Dose:
Pre-Breakfast

Insulin Dose:
Pre-Lunch

Insulin Dose:
Pre-Dinner

Insulin Dose:
Bedtime

NPH or _____ units _____ units _____ units _____ units

___ Regular or _____ units _____ units _____ units _____ units

___ Humalog/Novolog _____ units _____ units _____ units _____ units

Desired Frequency of Blood Glucose Monitoring:

- Fasting
- Post-prandial (choose one):
 ___ 1 hour OR ___ 2 hour
- Other _____

Calorie Level:

- Dietitian to determine individual caloric needs
- OR
- _____ kcal/day

In case of hypoglycemia during class, give 15 grams of quick-acting carbohydrate and monitor glucose until resolved.

Physician Signature _____ Date _____ Phone _____

Physician Printed Name _____ UPIN _____ FAX _____

FAX completed form to (210) 733 – 6202.